Seclusion and/or Restraint Staff Debriefing Guide

Within two (2) school days of the use of seclusion and/or restraint, a documented debriefing by appropriate staff must occur, including staff involved in the incident. The purpose of the debriefing is to review the incident and the specifics surrounding it from a CPI Nonviolent Crisis Prevention Intervention perspective. The team should review actions to reduce the chances that such an incident will reoccur. Those attending the debriefing meeting shall have the opportunity to review the Seclusion and Physical Restraint Data Reporting Form documenting the incident.

Required Documentation: Upon completing the debriefing session, document the debriefing under the Communications tab of IIEP. Be sure to include the purpose of the meeting, date of the seclusion/restrain, date/time of the debriefing, and meeting participants.

During the debriefing utilize concepts from CPI, including, the Crisis Development Model, the COPING Model, the Decision Making Matrix and the Opt-Out Sequence. The following are suggested themes to discuss during debriefing:

* Crisis Development Model
  * What were the environmental factors that contributed to the incident?
  * Can the team identify an antecedent or trigger for the conflict? Could it have been avoided?
  * Did staff choose an effective intervention?
  * Did the interventions match the intensity of the behavior? Could there have been a less restrictive option?

* Decision Making Matrix
  * Did staff utilize seclusion/restraint only when the individual posed a significant risk to self or others?

* Opt-Out Sequence
  * Was the situation, staff and student, properly monitored throughout the incident?
  * Was the individual released as soon as the threat was no longer imminent?

* COPING Model
  * Are there patterns or common themes to student and staff behavior?
  * Are there any alternate-intervention strategies that may help prevent the future use of seclusion/restraint?
  * Are there any necessary follow up actions?